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Post-sedation Instructions

For your safety, please read and follow these instructions:

- Have a companion to drive you home after the IV sedation appointment and rest for the remainder of the day.
- Have an adult to stay with you for the next 24 hours until the effects of the IV sedation have worn off.
- Don't perform any hazardous activities. Do not drive or operate heavy machinery or perform tasks that require physical coordination or balance for 24 hours.
- Do not take over responsible tasks or make important decisions for at least 24 hours until you are fully mentally alert.
- Do not eat a heavy meal immediately after IV sedation. If you're hungry, have only a light meal.
- If you experience nausea, lie down for a while. If the symptoms are intense contact your dentist.
- Do not smoke or drink alcohol following the administration of IV conscious sedation.
- Take any medication prescribed by Dr. Montagnese. Do not take any other medications for the rest of the day unless they have been discussed and approved by Dr. Montagnese.
- If you have any unusual symptoms or feel discomfort, call the office during regular business hours or Dr. Montagnese's mobile phone after hours. If unable to contact the office of Dr. Montagnese, call the closest hospital emergency room.

Each patient may respond differently to IV sedation. Therefore, each patient's recovery time is different based on the individual's unique response to the sedative medication. For some patients it may take more than 24 hours for the effects of IV sedation to be fully worn off.